Special Report

3 Undisclosed Tricks Of Conceiving A Baby Boy Successfully

By

Samantha Jones

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Let me send you a proven effective way to conceive a boy naturally without any medication.

Let me show you the video testimonial of parents who have already conceived a baby boy following the method.

Every major step has been made so simple that anyone can understand without any further research.
A Quick Guide On The Process Of Conception

- A male body produces two kinds of sperms which consists of X(Female) and Y(Male) chromosomes.
- A woman’s egg always contains a X chromosome.
- During the sexual intercourse the man releases several million sperms in the woman’s vagina.
- Out of these million sperms roughly 50-50 consists of male and female chromosomes.
- Once deposited in the vagina, the sperms immediately start to race towards the egg.
- When a X (Female) chromosome, reaches the egg first and fertilizes it, a baby girl is born.
- When a Y (Male) chromosome reaches the egg first and fertilizes it, a baby boy is born.
- Natural probability of having a boy or a girl is 50-50.
- However the secret of conceiving a boy lies in the fact of assisting a male Y chromosome to reach the egg first and fertilize it by using several tricks.
Trick #1: Have Proper Food.

Welcome to this special report. I am Samantha Jones and I will be your tour guide.

We're going to jump right into the thick of things today with a foundational concept that is certainly going to increase the chances of having a baby boy by several folds.

Trick #1: Have Proper Food.

Here is how a lot of people would suggest you to have the food, while you are trying to conceive a boy naturally.

→ They would simply recommend you to have a health and balanced diet. Although it’s important still

Two quick questions for you regarding this practice:

1) Have they done any research to recommend that or it is just a general suggestion?
2) Who is here to loose on a dream if no research was done?

Think about it for a moment—

Who loses the most here while following a general suggestion? Is it not you?

A healthy diet is always required for our body. But tweaking the diet according to the needs which helps the “Y” sperm to reach the egg first does the trick.
And while you are following their suggestion, it is actually decreasing the chances of having a baby boy.

Moving on to the second question ....

The average chances of having a baby boy naturally without any tips or tricks its round about 50 percent, so there remain a lot of open spaces for it not to occur.

So that is a lot of wasted effort there, isn’t it?

Fortunately there’s a way. A much better way.

And that is Trick #1: “Have Proper Food”

And here is the way....

1) Have A Complete Diet But An Alkaline One.

The diet we have can be either of Acidic or Alkaline type, and both the sperms carrying “X” and “Y” chromosomes are affected differently by the body’s ph balance.

The “Y” chromosome sperms have lesser protection than the “Y” chromosome sperms and hence they die quickly in an acidic environment.

And that is the reason we need to maintain an Alkaline Ph in our body, while trying to conceive a boy.

2) Avoid Acidic Food.

It is very much required to minimize the acidic foods, which contributes to the acidic ph in our body.
Also foods containing too much of magnesium and calcium so be taken in less amount while trying to conceive a boy.

3) Have These Foods In Abundance.

Any food containing high amount of Sodium and Potassium can be taken to increase the pH of body. Let us check a bunch of them below:

**Bananas:** Bananas have high content of vitamins, minerals and are rich in potassium.

Potassium increases the chances of survival of “Y” chromosome and hence increases the chances of having a baby boy.

You can have bananas after a meal.

**Papaya:** Papaya is an excellent alkaline food and hence enhances the chance of conceiving a baby boy.

It is rich in minerals and fibers and vitamins.

Papaya can be consumed raw, or can be made into smoothie, salads or even puree. You can have it the way you want.

**Apples:** A single apple contains approximately 150mg of potassium, 8 mg of vitamin C, and 73 mg of vitamin A.

A combination of nutrients, which under research were found to favor the conception of a baby boy by favoring the male “Y” chromosome.

Never peel away the skins of apples as they contain the most nutrients, you can eat them whole.
Apples not only increase the chances of having a baby boy but also boost your immunity and overall health, hence again helping you indirectly.

**Tomatoes**: It is good to know that every 100 Gm of tomatoes contains

1) 372 microgram of vitamin A  
2) 19 milligram of vitamin E  
3) 1.5 milligram of vitamin B  
4) 237 milligram of potassium  
5) 5 milligram of Sodium.

All of the above ingredients increase the chances of conceiving a baby boy greatly.

You can always eat tomatoes in the form of sauce, or ketchup but eating raw in salads or other form is most beneficial.

You need to keep the things in mind and integrate them in your daily life quickly so, these foods become a part of your daily life till you conceive a baby boy.
Key #2: Favorable Sexual Positions

We'll be building upon what we looked at earlier, but before we get to that, I want to ask you a simple question...

_How do you “Feel” about conceiving a baby boy naturally?_

1) I am just curious at this point.
2) I like the concept and am somewhat interested.
3) Show me exactly how to do it and I’m in!

Which of these best describes where you are right now?

HINT: There are no “wrong” answers. 😊

I would love to have a seat on your couch and talk with you for about thirty seconds about where you are at, if that’s okay.

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If you're "curious", that's fine. I think as you continue to know about how to conceive a boy naturally you'll find that it is really the easiest way you can get your hands on. And, it's also the quickest way to get started. With no changes in your daily routine it is a breeze compared to other options. Spend some time taking a look at this report, check out the site from where I got my knowledge and satisfy your curiosity at this point

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If you're "somewhat interested", then it's time for a pep talk. You obviously see the merit in conceiving a baby Boy Naturally and yet haven't made a commitment to getting further involved. What's holding you back? I'm reminded of a great saying Wayne Gretzky once said:

"100% of the shots you don't take, don't go in."

That's not to say that you should blindly take random shots in life. That's a recipe for disaster. But, it does have a lot of truth to it in terms of taking calculated shots.

You've seen enough to know that conceiving a boy naturally is pretty easy if you know the secret. You find value in my content. You've read the http://how-to-concive-a-boy-naturally.com page and you know I've got the goods.

If you've searched Google.com for Alicia Pennington, then you see she has got a tremendous reputation within the industry and have been helping others to conceive a boy naturally since 1999. That's a "calculated" shot, don't you think? It's time to take yours.

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If you're "motivated", then there's really nothing left to discuss. Let's get started. Today. Now. I'll show you exactly how I did it -- week after week. If you're the kind of person who is willing to take action and get things done, this is a no-brainer. I'll definitely deliver on the showing of how I got it done. And you'll get it done.

Regardless of how you feel about having a baby boy naturally at this time, I'd like to have you join me at the website. I'm convinced that I
can help you by sending you out new information week after week. Together we'll get you to your dream, people congratulating on your new born baby boy.

And now, without further comment....

**Key #2: Favorable Sexual Position**

To make sure the sperm carrying the Y chromosome ovulates the Egg first, it is very much necessary that the man deposits the sperm as close to the egg as possible.

So the Sexual Positions which gives deeper penetration is indispensable while conceiving a baby boy.

**The Answer**: Choose any of the below positions.

**The Spread Eagle Position**

In this position the man sits on his knees, legs spread in front of his partner, in the spread eagle position.

She lies on her back, legs in the air and wide apart. She can relax while he holds her legs up and apart and penetrates her with varying speed and depth.

**The Doggy Position**

The woman is on all fours facing away from the man.

The man kneels directly behind her and holds her hips firmly to control the thrusts and penetrate deeply.
The Snail Position

Lying flat, the woman pulls her knees into her chest and throws her feet, over the shoulders of the man.

The man kneels in front of her and enters her, taking his weight on his hands, on either side of her shoulders.

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However possibly the best option of them all is to explain to you how I conceived my baby boy naturally, which inspired me to write this ebook for you.

A simple case study of my own experience and the step by step guides I followed would help you more.

Why?

Because at the end of the day all anyone really wants to know is this: did it work?

And I am happy to tell **Yes It Did Work!!**

And here comes the question

**How did I do it??**

I must admit, that I was able to conceive a boy naturally only because I received the information in correct order in a step by step format, from where I could make a meaningful use of it. When I *luckily* found the marvelous book by Alicia Pennington I came to know that this book was the secret sauce of other 94% parents who chose the gender of their baby naturally.
Key #3: Pinpointing the Ovulation Date

In this final section I'm going to explain how to pinpoint the ovulation (Release of egg from ovary) date, which is also connected to key #2, as knowing the ovulation date would ensure the highest chance of fertilization of the egg.

But first, let me answer two common questions that a lot of people have been asking about conceiving a boy naturally who visited the website...

QUESTION #1

"You mean all I have to do are the three tricks and I can have a baby boy naturally?"

The short answer is, "Yes". That's it. You simply get these three key tricks in place that we’ve talked about in this report and from there it's just a matter of getting enhancing their effects by following some other key substeps.
QUESTION #2

"How am I supposed to get the step by step guide with key substeps?"

There are quite a number of ways to increase the chances of conceiving a baby boy. Some work well, some does not work so well, some costs a lot of money, some are free or have minimal fees. Some are complicated and some are easy.

The trick is finding the ones that work, free and easy among those that don't work, cost a lot of money and are complicated.

That’s where the book “Plan My Baby” by Alicia Pennington comes in.

As a member, you'll receive all the information that gives you all the necessary information about conceiving a boy naturally. You will get a "step-by-step" lesson that walks you through the whole process of conceiving a boy.

Here's the thing, and I'll be honest with you about this up front:

Nothing that is taught to you in this book is gonna work for you UNLESS you take action.

To be sure, there is great content in these three keys. And its stuff that is incredibly effective in getting you conceived.

BUT...

It will only work if you know how to use them step by step and boost the effectiveness of each step in the first place.

Otherwise, all you have are the three keys in place just gathering dust ... because you will not be using them.
So, keep reading this report. It's gonna be invaluable to you. But, at the same time, you gotta realize that you **NEED** (it's required, mandatory, necessary!) to learn how to utilize the steps and to boost the effectiveness of each step.

And that's why I think it's in your best interest to grab the *"Plan My Baby"* onetime membership as soon as possible while they are still available. (Hint: I can't even guarantee they'll be available when you return to the site today.)

Now, on to this final key...

**Key #3: Pinpointing the Ovulation Date**

Why the success rate is 94% ?

It's not a trick question. Go ahead and think about it just for a second. In fact, grab a pen and some paper and jot down a few ideas. I'll wait.

<5 Minute Break -- Seriously, make your list>

OK, so you've got your list, right? If nothing else, you made a mental list. And what are some reasons that you came up with for that question "Why the success rate is 94% and not 100%?"
Did you respond with any of these answers...

- They followed the step by step guide accurately.
- They did not only get the book but also took action.
- They were sure that it could be done since so many other couples did it already.
- They were ready to take up some of the good habit for getting their dream come true.

Your list probably includes one or more of those answers.

And you're not alone.

And you're also not incorrect. These are all plausible answers that explain why so many couples were able to get their baby boy

I want you to review that list again. And I want you to examine it, because there is an important common denominator in there that I want to point out.

Do you see it?

In EACH of the above listed reasons, the couples have a competitive edge over the average couples. Whether it is taking action or believing the method, the fact remains that many top couples aren't competing on a LEVEL playing field. They have something that the majority of other couples do not have.
***Ovulation Date***

**Basal Body Temperature**

Basal body temperature is your morning body temperature before you get out of bed. Charting this temperature over a month period will help you to find when you are ovulating.

A woman’s normal non ovulating temperature is between 96 and 99 degree Fahrenheit.

However after ovulation BBT increases by about half a degree and will remain half a degree higher until right before menstruation.

You will need to use a basal body thermometer to measure the temperature, and find the exact day of ovulation. So you can have intercourse on that day.

**Consistency Of Cervical Mucus**

Cervical mucus is a liquid produced by the cervix to moisten the wall of vagina. Take a sample of cervical mucus by inserting a clean finger inside the vagina and feel the color and texture of the mucus.

Just before and after your period, the cervical mucus decreases in quantity, looks white in color and feels sticky.

Around the time of ovulation the mucus increases in quantity, looks transparent and feels slippery like raw egg white.

Checking the cervical mucus along with the Basal Body Temperature greatly increases the chances of pinpointing the ovulation date.
Ovulation Kits

An ovulation kit can help you pinpoint the day when you ovulate. They can increase the chances of finding the date effectively and hence help you to have a baby boy.

These are easy to use and can be found at pharmacy or local drug store.

***************SPECIAL NOTIFICATION***************

Let me warn you up front that this offer is ONLY good for the FIRST 500 members who join. If you arrive at the site and do not see the incentive information on the page, then the limit has been reached and the incentives are no longer available.

But, if you are one of the first 500 who join “Plan My Baby” you will receive TWO additional bonus...

**Bonus #1 : A Healthy Pregnancy Guide!** After you have become a onetime member, you will automatically receive a bonus “members only” special copy of A Healthy Pregnancy Guide by Alicia Pennington. You can instantly download this guide and get started on having the best and the healthiest pregnancy. *Don’t you and your baby deserve the absolute best?*
**Bonus #2: Breast Feeding Secrets!** After you have become onetime member, you will receive this invaluable ebook which you will need as soon as your baby arrives free of cost, available exclusively to the members written by Alicia Pennington. The breastfeeding guide with all the tips and secrets every mother should know.

*Breastfeed effortlessly, painlessly and shamelessly only with this guide.*

**CLICK HERE** now to visit the site

For all the details!

It's been my pleasure sharing the content with in this report. And I'm looking forward to see you having a baby boy and a member of Plan My Baby.

See you inside!

God bless,

*Samantha Jones*